Miami-Dade County Public Schools

School Wellness/Healthy School Team Committee Action Plan 2026-2027

School Name & Location Number:	Brucie Ball Educational Center
Principal:	Dr. Amrita Prakash
Phone Number:	(305) 514-5100
School Wellness/Healthy School Team Leader:	Raymond Martinez
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Maria Corbin Santos Leiva Jacqueline Villalobos Dominique Audain Samantha Diaz
Committee Meeting Dates (list at least 4):	10/28/26, 11/18/26, 1/13/27, 2/24/27, 3/31/27
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	☒Nutrition ☒Physical Education ☒Physical Activity ☒Health and Nutrition Literacy ☒Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	**Nutrition:** • Ensuring that all students are provided with free breakfast from the school cafeteria daily • Promote breakfast and good eating habits on our Instagram pages **Physical Education:** • PE classes by way of our Sensory Rooms **Physical Activity:** • Holiday walks- Pumpkin Patch walks, Halloween walks, Christmas activities among other sustainable activities.

	Health and Nutrition Literacy: • Bring awareness to the nutritional value of healthy eating habits through classroom lessons and demonstrations. **Preventive Healthcare:** • Staff will engage in wellness activities that offer information regarding practices that can improve/enhance overall general health and vitality (exercise, nutrition, stress-relief, etc.) with 50% overall participation in all activities**.**
Sustainability Practices:	• Provide information electronically to reduce paper consumption • Posting Nutrition information Flyers on our campus
Community Engagement:	• Wellness Day for staff is scheduled 5/4/2027 • Feeding South Florida food bank distribution center at our school
Monitoring and Evaluation:	• Staff participation rosters for all activities will be maintained and reviewed after each activity. • A questionnaire will be provided at the end of all activities to gauge the staff's level of personal learning and satisfaction.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	• "Health Walk' afternoon to encourage fitness. • Fitness exercise class. • Healthy food potluck where staff members bring in their favorite heathy snacks/foods to share with others in a relaxing atmosphere.