Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan

School Name & Location Number:	Brucie Ball Educational Center - 9732
Principal:	Dr. Amrita J. Prakash
Phone Number:	(305)514-5100
School Wellness/Healthy School Team Leader:	Mr. Raymond Martinez
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Dr. Amrita Prakash, Principal Mr. Alex Sardinas, AP Mrs. Maria Corbin, Dept. Chair Mr. Raymond Martinez, SPED & APE Teacher Ms. Quetcy De Jesus, Food Services Manager Mrs. Jacqueline Villalobos, Paraprofessional Ms. Ada Coolen, School Nurse
Committee Meeting Dates:	1/17/24, 3/13/24, 4/17/24, 5/15/24
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	☒ Nutrition ☐ Physical Education ☐ Physical Activity ☒ Health and Nutrition Literacy ☒ Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	**Nutrition:** • Provide free breakfast to students and promote healthy eating habits. • • Provide healthy meals daily to students, faculty and staff through the cafeteria. Offer a healthy meal option daily **Health and Nutrition Literacy:** • Distribute and highlight "Well Way" literature during faculty meetings.

	Preventive Healthcare: • Organize a Health Fair, "Wellness Wednesday", for staff in coordination with MDCPS Well Team. The Health Fair will include biometric screenings and health education presentations centered around weight management, health eating, exercise and making healthy choices.
Community Engagement:	• Health Fair can include partnerships with local hospitals and Universities (e.g. Baptist Health and FIU). • School health professional will assist in providing wellness information for faculty meetings.
Monitoring and Evaluation:	• Committee meeting attendance sheets. • Health Fair attendance sheets.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	• Establish and promote a "Walking Club" for staff members to exercise during break times or afterschool with colleagues.